

## If you are concerned about a child

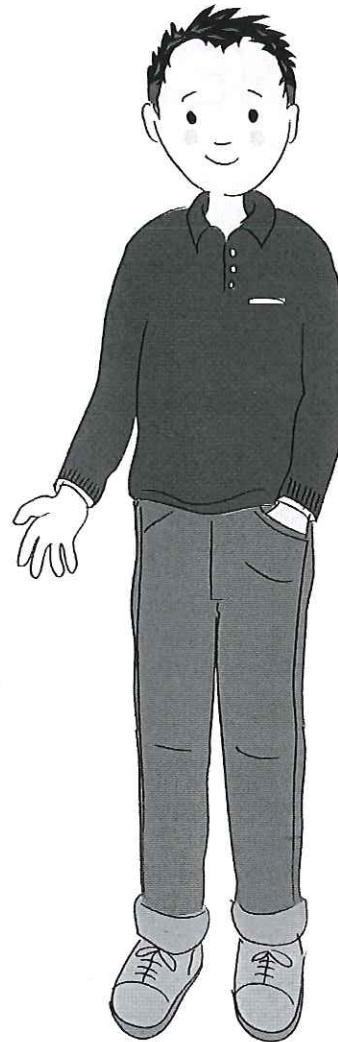
If you think a child you know has downloaded or accessed inappropriate material or engaged with someone who you think might be trying to harm them, you should not delete any images, emails or conversations related to your concerns, and should not contact the suspect yourself.

CEOP is an organisation run by the police to help children stay safe online. If someone has acted inappropriately towards a child online, but the child is not in immediate danger, a child or their carer can report it to CEOP on their website, and they will investigate.

If callers feel they or a child are in immediate danger, they should call 999.

## Where to get more information

- ParentLine Scotland is the national helpline for anyone concerned about a child. Open seven days a week, 365 days a year, call 08000 28 22 33 or email [parentlinescotland@children1st.org.uk](mailto:parentlinescotland@children1st.org.uk)
- general information about the internet, and risks and safety measures:  
[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)
- detailed information about the different parental control packages available:  
<https://www.thinkuknow.co.uk/parents/Secondary/Tools/Parental-Controls/>
- CEOP's help and advice centre:  
<http://www.ceop.police.uk/safety-centre/>
- make a report to CEOP:  
<https://www.ceop.police.uk/Ceop-Report/>
- more information about privacy settings in Facebook:  
<https://www.facebook.com/help/privacy>
- information and advice about cyberbullying:  
[www.respectme.org.uk](http://www.respectme.org.uk)



## At CHILDREN 1<sup>ST</sup> our vision for the future is a happy, healthy, safe and secure childhood for every child and young person in Scotland

For further information about CHILDREN 1<sup>ST</sup> please contact:

CHILDREN 1<sup>ST</sup>, 83 Whitehouse Loan, Edinburgh EH9 1AT  
t: 0131 446 2300  
f: 0131 446 2339  
e: [info@children1st.org.uk](mailto:info@children1st.org.uk)

ParentLine Scotland is a confidential helpline for anyone caring for or concerned about a child:  
t: 08000 28 23 33 e: [parentline@children1st.org.uk](mailto:parentline@children1st.org.uk)



**WE LISTEN, WE SUPPORT,  
WE TAKE ACTION**  
For Scotland's vulnerable  
children and families

CHILDREN 1<sup>ST</sup> Registered Office  
83 Whitehouse Loan Edinburgh EH9 1AT

[www.children1st.org.uk](http://www.children1st.org.uk)

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